

# Pittsfield Rye & Specialty Breads Inc.

## Marble Rye #1005

**Ingredients:**

Flour-Unbleached, Unbromated flour-wheat flour, enriched, (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate), filtered water, rye flour, caraway, rye flakes, coarse pumpernickel flour, vital wheat gluten, yeast, salt, caramel color, silicone dioxide, dextrose, lactic acid, sodium diacetate, soybean oil, sodium stearoyl lactylate, l-cysteine, ascorbic acid, azodicarbonamide, enzymes.

<b>Nutrition Facts</b>	
Serving Size 2 OZ	
Amount Per Serving	
<b>Calories</b> 140	Calories From Fat 10
% Daily Value*	
<b>Total Fat</b> 1g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 340mg	14%
<b>Total Carbohydrate</b> 23g	8%
Dietary Fiber 2g	8%
Sugars <1g	
<b>Protein</b> 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g