

Pittsfield Rye & Specialty Breads Inc.

Cinnamon Burst #1020

Ingredients: Unbleached unbromated enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, enzymes, folic acid), water, sugar, yeast, vital wheat gluten, soybean oil, salt, citric acid, corn syrup, cinnamon, ascorbic acid, enzymes, dextrose.

Nutrition Facts

Serving Size 1/8th of Bread (57g)

Servings Per Container

Amount Per Serving

Calories 160 **Calories from Fat** 30

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 260mg **11%**

Total Carbohydrate 29g **10%**

Dietary Fiber 1g **4%**

Sugars 4g

Protein 5g

Vitamin A 0% • Vitamin C 8%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4