

Pittsfield Rye & Specialty Breads Inc.

Oatmeal, Cinnamon, Raisin #2024

Ingredients:

Flour-Unbleached, Unbromated flour-wheat flour, enriched, (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate), filtered water, cinnamon chips, yeast, raisins, oatmeal, brown sugar, wheat extracted sponge flavor, vital wheat gluten, palm oil, sugar, salt, sodium stearoyl, lactylate, soy flour, dextrose, ascorbic acid, DATEM, enzymes.

Nutrition Facts	
Serving Size 2 OZ	
Amount Per Serving	
Calories 170	Calories From Fat 35
	% Daily Value*
Total Fat 3.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 1g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 32g	11%
Dietary Fiber <1g	4%
Sugars 5g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 25g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g