

# Pittsfield Rye & Specialty Breads Inc.

## Oatmeal, Cinnamon, Raisin #2024

Ingredients:

Flour-Unbleached, Unbromated flour-wheat flour, enriched, (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate), filtered water, cinnamon chips, yeast, raisins, oatmeal, brown sugar, wheat extracted sponge flavor, vital wheat gluten, palm oil, sugar, salt, sodium stearoyl, lactylate, soy flour, dextrose, ascorbic acid, DATEM, enzymes.

<b>Nutrition Facts</b>	
Serving Size 2 OZ	
Amount Per Serving	
<b>Calories</b> 170	<b>Calories From Fat</b> 35
	<small>% Daily Value*</small>
<b>Total Fat</b> 3.5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 1g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 32g	<b>11%</b>
Dietary Fiber <1g	<b>4%</b>
Sugars 5g	
<b>Protein</b> 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
<small>* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>	
	<small>Calories: 2,000 2,500</small>
Total Fat	<small>Less than 65g 80g</small>
Sat Fat	<small>Less than 25g 25g</small>
Cholesterol	<small>Less than 300mg 300mg</small>
Sodium	<small>Less than 2,400mg 2,400mg</small>
Total Carbohydrate	<small>300g 375g</small>
Dietary Fiber	<small>25g 30g</small>