

Pittsfield Rye & Specialty Breads Inc.

Pumpkin Spice #2022

Ingredients: Unbleached unbromated enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, enzymes, folic acid), water, pumpkin, cinnamon, brown sugar, yeast, sugar, soybean oil, vital wheat gluten, salt, nutmeg, allspice, ginger, citric acid, dextrose, ascorbic acid, enzymes.

Nutrition Facts			
Serving Size 1 Slice (57g)			
Amount Per Serving			
Calories 160	Calories from Fat 30		
% Daily Values*			
Total Fat 3g	5%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 260mg	11%		
Total Carbohydrate 28g	9%		
Dietary Fiber 1g	4%		
Sugars 4g			
Protein 4g	8%		
Vitamin C 8%	●		
Calcium 2%			
Iron 10%			
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g